

Centre Menu

April 2021

Mon	Tue	Wed	Thu	Fri
			<p style="text-align: right;">01</p> <p>Wowbutter banana tortilla rollup and water.</p> <p>Frozen yogurt, graham cracker sandwiches, veggies and water.</p>	<p style="text-align: right;">02</p> <p>Cinnamon toast, fruit and water.</p> <p>Fruit salad, whip cream, graham crackers and water.</p>
<p style="text-align: right;">05</p> <p>Oatmeal, fruit and milk.</p> <p>Rice cake with jam and wowbutter, fruit and water.</p>	<p style="text-align: right;">06</p> <p>Muffins with fruit and milk.</p> <p>Crackers, pickles, cheese and water.</p>	<p style="text-align: right;">07</p> <p>Waffles with syrup, fruit and water.</p> <p>Pudding, fruit, graham crackers and water.</p>	<p style="text-align: right;">08</p> <p>Yogurt, cereal, fruit and water.</p> <p>Cereal trail mix, veggies with dip and water.</p>	<p style="text-align: right;">09</p> <p>Applesauce, cereal and milk.</p> <p>Nachos, with cheese, sour cream, salsa, veggies and water.</p>
<p style="text-align: right;">12</p> <p>Bagels with cream cheese, fruit and water.</p> <p>Fruit cocktail, crackers and milk.</p>	<p style="text-align: right;">13</p> <p>Cereal with milk and fruit.</p> <p>Animal crackers, veggies with dip and water.</p>	<p style="text-align: right;">14</p> <p>Fruit smoothie, graham crackers and water.</p> <p>Hummus/tzatziki, pita bread, veggies and water.</p>	<p style="text-align: right;">15</p> <p>Wowbutter banana tortilla rollup and water.</p> <p>Frozen yogurt, graham cracker sandwiches, veggies and water.</p>	<p style="text-align: right;">16</p> <p>Cinnamon toast, fruit and water.</p> <p>Fruit salad, whip cream, graham crackers and water.</p>
<p style="text-align: right;">19</p> <p>Oatmeal, fruit and milk.</p> <p>Rice cake with jam and wowbutter, fruit and water.</p>	<p style="text-align: right;">20</p> <p>Muffins with fruit and milk.</p> <p>Crackers, pickles, cheese and water.</p>	<p style="text-align: right;">21</p> <p>Waffles with syrup, fruit and water.</p> <p>Pudding, fruit, graham crackers and water.</p>	<p style="text-align: right;">22</p> <p>Yogurt, cereal, fruit and water.</p> <p>Cereal trail mix, veggies with dip and water.</p>	<p style="text-align: right;">23</p> <p>Applesauce, cereal and milk.</p> <p>Nachos, with cheese, sour cream, salsa, veggies and water.</p>
<p style="text-align: right;">26</p> <p>Bagels with cream cheese, fruit and water.</p> <p>Fruit cocktail, crackers and milk.</p>	<p style="text-align: right;">27</p> <p>Cereal with milk and fruit.</p> <p>Animal crackers, veggies with dip and water.</p>	<p style="text-align: right;">28</p> <p>Fruit smoothie, graham crackers and water.</p> <p>Hummus/tzatziki, pita bread, veggies and water.</p>	<p style="text-align: right;">29</p> <p>Wowbutter banana tortilla rollup and water.</p> <p>Frozen yogurt, graham cracker sandwiches, veggies and water.</p>	<p style="text-align: right;">30</p> <p>Cinnamon toast, fruit and water.</p> <p>Fruit salad, whip cream, graham crackers and water.</p>